The majority of trans and/or non-binary youth are living in their felt gender full-time (47%) or part-time (40%). Some youth, however, are never living in their felt gender (13%).

149 youth in Rural Canada took the survey.

17% identified as Indigenous.

96% were born in Canada.

I identify as male, and outside the gender binary, primarily. Gender isn’t necessarily one or the other, it can be a blend of all types of feelings.
Key Findings

- 39% have experienced cyber bullying in the past year.
- 60% have never taken hormones to affirm gender.
- 19% smoked a cigarette in the past month.
- 42% did not get physical health care when needed because they did not want their parents to know.
- 14% did not get medical help when needed because the service is not available in their community.
- 39% have experienced cyber bullying in the past year.

Recommendations

- Increase trans and/or non-binary competency for medical professionals in rural areas.
- Develop robust online services to help link trans and/or non-binary youth with services and information relevant to their area.
- Provide and/or improve transportation options from rural areas to places where youth can access resources, doctors, and support groups.