

CANADIAN TRANS & NON-BINARY YOUTH HEALTH SURVEY 2019

PRAIRIE PROVINCES FACT SHEET



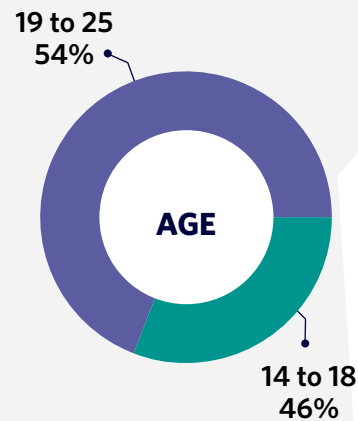
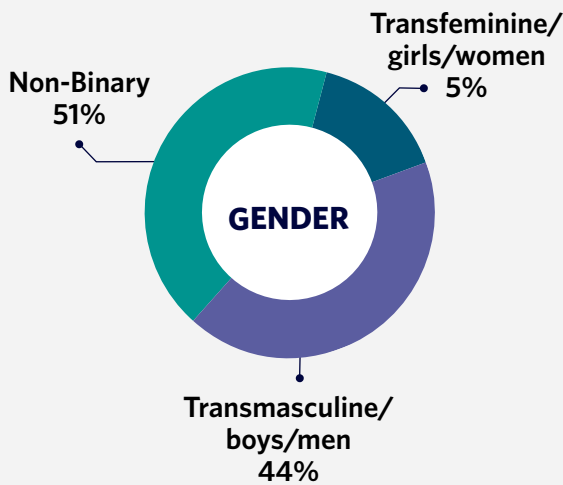
57
youth in Prairie
Provinces took the
survey.



The majority of trans and/or non-binary youth are living in their felt gender **full-time (41%)** or **part-time (44%)**. Some youth, however, are **never living in their felt gender (15%)**.

16%
identified as
Indigenous.

95%
were born in
Canada.



“

My gender does match my physical body and it always has. How people interpret my gender identity based on gender norms and stereotypes does not match my gender identity. I first realized that how people perceive my gender was different than my actual gender was when I was 16.

”



Key Findings



87% have experienced discrimination based on their sexual orientation.



94% have an emotional or mental health concern that has lasted at least 12 months.



66% of youth do not usually feel safe in school washrooms.

SELF-RATED MENTAL HEALTH



No youth self-rated their mental health as 'excellent'.

Recommendations

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Because I'm Native, people do not take my transness seriously, and insist that I am two spirited.

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Gender neutral washrooms in schools are integral to the safety and dignity of trans and/or non-binary youth.

Competent, accessible, and low-cost mental and emotional health services are needed for trans and/or non-binary youth.

Decrease transphobia and homophobia through public education campaigns. Law enforcement should take reports of homophobia and transphobia seriously.

