

# CANADIAN TRANS & NON-BINARY YOUTH HEALTH SURVEY 2019

## BRITISH COLUMBIA FACT SHEET



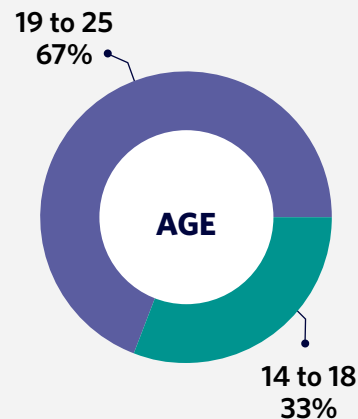
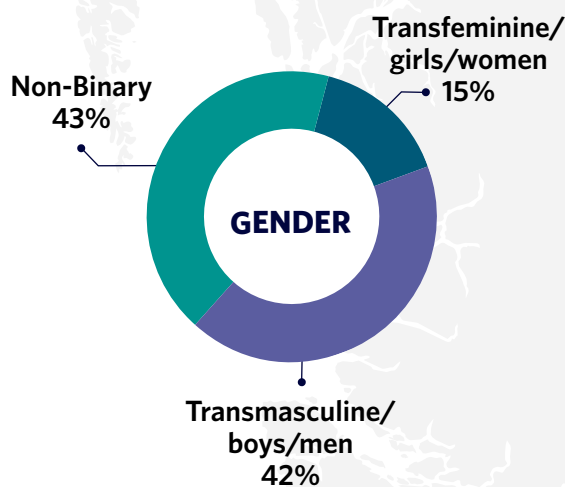
**389**  
youth in British Columbia took the survey.



The majority of trans and/or non-binary youth are living in their felt gender **full-time (56%)** or **part-time (29%)**. Some youth, however, are **never living in their felt gender (15%)**.

**12%**  
identified as Indigenous.

**89%**  
were born in Canada.



“ *When I was about 13, my mom was explaining about what some transgender women go through to feel better in their bodies, including surgery. I realized and told her that if there was a surgery to turn me into a boy, I would want to do that.* ”



# Key Findings



23% do not feel safe inside their own home.



42% feel that their parents care about them very much.



80% use a different name or pronoun from the one given at birth in everyday life.



75% did not use a condom or latex barrier the last time they had sex.

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*I started feeling disconnected from my body as soon as puberty really started to kick in. I only heard the term “transgender” at the age of 15 and realized it fit me.*

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## Recommendations

Develop trans and/or non-binary resources for doctors, parents, and trans youth to increase competency instead of only for policy makers.

Promote recognition of chosen name and pronouns, such as access to legal name change, correct pronouns on prescriptions and during appointments, and a field to indicate pronouns on forms (e.g. doctor’s office, schools, pharmacy, etc.).

Implement sexual and gender minority sex education in school systems, not segregated by gender, to normalize and provide education and resources for queer and trans folks.