The majority of trans and/or non-binary youth are living in their felt gender **full-time (47%)** or **part-time (38%)**. Some youth, however, are **never living in their felt gender (15%)**.

**281** youth in Alberta took the survey.

16% identified as Indigenous.

94% were born in Canada.

"Gender affirming care is a human right. It is not an option. We deserve better access and care."
Key Findings

- 77% have avoided public washrooms for fear of being harassed, being read as trans, or being outed.
- 58% are not comfortable talking with their health practitioner about their trans and/or gender affirming health care needs.
- 66% do not feel safe in school washrooms.
- 31% do not have a family doctor or nurse practitioner.

Recommendations

Reduce fear and anxiety by improving access and reducing barriers to physical spaces such as washrooms.

Implement inclusive and mandatory sexual health education taught by instructors with gender and sexual minority competency.

Develop resources to improve knowledge for health care professionals to provide more accessible gender affirming care and surgeries.

Youth said they shouldn’t be the ones responsible for educating professionals.

“It’s not fair, that on a daily basis, we have to think about how safe we are, or will we be, when accessing public spaces.”

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