

# CANADIAN TRANS & NON-BINARY YOUTH HEALTH SURVEY 2019

## ALBERTA FACT SHEET



**281**

youth in Alberta took the survey.



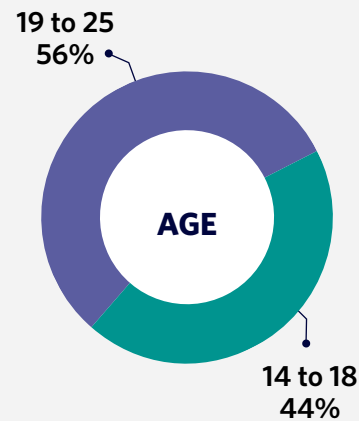
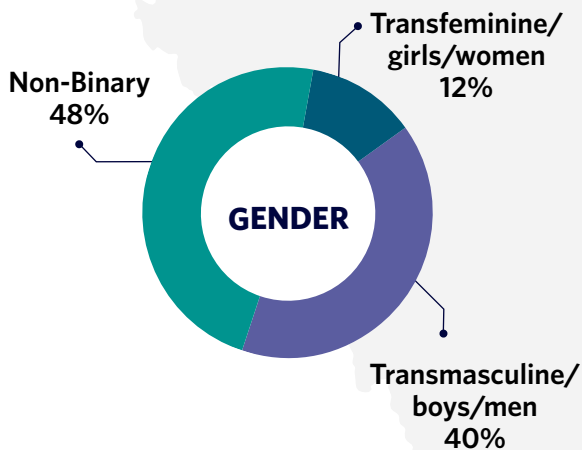
The majority of trans and/or non-binary youth are living in their felt gender **full-time (47%)** or **part-time (38%)**. Some youth, however, are **never living in their felt gender (15%)**.

**16%**

identified as Indigenous.

**94%**

were born in Canada.



“

*Gender affirming care is a human right. It is not an option.  
We deserve better access and care.*

”



# Key Findings



**77% have avoided public washrooms for fear of being harassed, being read as trans, or being outed.**



**58% are not comfortable talking with their health practitioner about their trans and/or gender affirming health care needs.**



**66% do not feel safe in school washrooms.**



**31% do not have a family doctor or nurse practitioner.**

# Recommendations

“

*“It’s not fair, that on a daily basis, we have to think about how safe we are, or will we be, when accessing public spaces.”*

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**Reduce fear and anxiety by improving access and reducing barriers to physical spaces such as washrooms.**

**Implement inclusive and mandatory sexual health education taught by instructors with gender and sexual minority competency.**

**Develop resources to improve knowledge for health care professionals to provide more accessible gender affirming care and surgeries.**

*Youth said they shouldn’t be the ones responsible for educating professionals.*

